



Name: Annie Smith	
DOB: 5/3/1980	Gender: Female
Skin Type:	Fair, dry skin
Major concerns or additional information:	Finding products that won't dry skin further
Products you wish to swap:	Revlon Super Lustrous Lipstick in Certainly Red Suave Vitamin E Moisturizer Essie Nail Polish in Ballet Slippers
Ingredients that could potentially be harmful:	Methylparaben (lipstick and lotion), DMDM Hydantoin (lotion), FD&C Colors (lipstick and polish)
We at BOC suggest the following:	Hemp Organics Lipstick in Red Zin EO Body Lotion, Unscented with Coconut Milk Honeybee Gardens Water-Based Nail Polish in Serenity
Beneficial, nontoxic ingredients in our recommendations:	Beeswax (lipstick), organic jojoba oil (lotion), organic sesame seed oil (lotion)
You can purchase your products at:	Colorganics.net (lipstick), Whole Foods (lotion), Amazon.com (polish)
Next update based on your profile:	You will need to update your moisturizer during the winter, check in with us for a cold weather recommendation at the end of the summer.

**Shopping for beauty products?** Don't leave home without this handy mnemonic sentence to help you remember what ingredients to avoid in your personal care. Here's the BOC version of the sentence, via Best in Beauty: **"Pretty Products For Healthy People Minus Lousy Chemical Substances."**

**Remember this sentence to avoid: Phthalates, Propylene Glycol, Formaldehyde, Hydroquinone, Parabens, Mercury, Lead, Colorants, and Sulfates.**